A Year In The Psalms

Ken Chapman · Series: **A Year in the Psalms**

INTRODUCTION

- As a congregation, we would like to encourage all of our members to spend a year in the psalm.
- Rather than calling this a light reading schedule, I would call it a deep reading schedule.
- Not just to read, study, and meditate the Psalms, but to pray the Psalms.

1 The Largest Book of the Bible

- It's the largest book of the Old Testament, in fact, the largest book of the Bible.
- It was used under the system of Old Testament worship. But it is very much so a New Testament book.
- Of those 283 quotations, 116 of them are from the Psalms.
- It speaks of the importance of this book in both Messianic and New Testament prophecy.

2 Why the Psalms? A Book of Songs

- The book of Psalms is a book of poetry, and more specifically, it's a book of songs. It was the Hebrew hymn book.
- God's people have long expressed themselves to God and about God through songs.
- Songs express emotion and bring out emotion maybe better than anything else.
- Music seems to be somehow tied to the human memory.
- No book does a better job of expressing our relationship to God than the Psalms.

3 The Psalms Inform Our Intellect

Psalm 23; Psalm 8; Psalm 119

- Number one is we're going to get smarter. Because the Psalms inform our intellect.
- We are informed about God so that we might know him better.
- God truly reveals Himself through His Word. And so if we're truly to know God, we have to be people of the book.
- The Psalms tell us about us and about our place in God's plan.
- Because you are God, because you love me, because you are good, and because I want your approval, teach me your way, the psalmist says.

4 The Psalms Arouse Our Emotions

Psalm 44:15; Psalm 6:6

- The Psalms will also arouse our emotions.
- What book of the Bible does a better job in expressing praise, honor, respect, and reverence to God than the book of Psalms.

- My dishonor is continually before me, and the shame of my face has covered me.
- That godly sorrow will produce repentance in your heart.
- Sadness is a part of life. It's something that needs to be dealt with and dealt with openly and fully. And the Psalms will allow you to do that.

> THE CHALLENGE
>
> **I hope you'll spend this next year in the Psalm. As we read together, study, meditate, and pray through this so evocative, powerful, God-filled book.**

MY NOTES