Burden Bearers: How To Bear Burdens

Joshua Creel · Galatians 6:1–2 · Series: **Burden Bearers**

INTRODUCTION

- As God's family, we are called upon to bear one another's burdens in Galatians chapter six and verse two, and thereby fulfill the law of Christ.
- Today we want to focus on the matter of practical application. Well, how is it that we do this? How is it that we as a family can actually help each other?

1 It's Not About You, It's About Them

John 13:14–15; Romans 12:10; Galatians 6:1

- If we're really going to bear one another's burdens, then we have to first of all know that bearing burden is not about you.
- Bearing someone's burdens is about the other person.
- You who are spiritual, restore such a one in a spirit of gentleness, each one looking to yourself so that you too will not be tempted.
- Bearing burdens is going to require some sacrifice. It is going to require commitment.
- Little children, let us not love with word or with tongue, but in deed and truth.

2 Not Everyone or Every Burden Is the Same

Acts 2:46; Romans 12:13; Romans 12:15

- People experience things in life differently. People experience their trials differently.
- What has helped me in my life may not be what helps you in your life.
- Here's the application. You've got to get to know each other.
- There is no substitute for hospitality.
- You need to have someone within the spiritual body of God that knows what you're going through.

3 We've Got to Really Forgive

Matthew 18:12–35; Galatians 6:1

- If we're really going to bear one another's burdens, then we've got to forgive. And we have really got to forgive.
- If your brother sins, go and show him his fault in private. And if he listens to you have won your brother.
- Restoring is bringing someone back to the position and the relationship with God that they once had.
- If we're not willing to really restore something, then we're not bearing burdens at all.

4 There Is No Substitute for You

Hebrews 6:10

- But there is no substitute for you in the process of burden bearing.
- In Christ's church, the word for minister is reserved for all of God's people, that we are to minister to each other.
- Divine aid comes through human hands. His help oftentimes comes through us.
- If we're going to be serious about burden bearing, I've got to give myself.

5 Ask for His Aid Too

Romans 8:18–39; 1 Corinthians 10:13; 2 Corinthians 1:8–10

- If we're doing this because of our relationship with God and because we believe in this great God, then why wouldn't we ask for his aid too?
- You'll never go wrong just by pointing them to the word of God, to really what he says.
- I consider that the sufferings of this present time are not worthy to be compared with the glory that has to be revealed to us.
- When it comes to the burdens of this life, oftentimes we are pressed more than we can handle. And that's why we need God.
- Brethren, just being able to come together and praying with and for each other help the most.

> THE CHALLENGE
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> **Would you receive such forgiveness? Would you believe in Jesus as the Christ, the Son of the living God? Repent of your wrongs, and allow God to remove that burden from you.**

MY NOTES