Burden Bearers: The Purpose of Burden Bearing

Joshua Creel · Galatians 6:1–5 · Series: **Burden Bearers**

INTRODUCTION

- This all comes from the standpoint that we are a family in Christ.
- If we see that someone is under a load that may threaten to crush them, we want to help them along the way.
- The goal is to ultimately strengthen so that burden isn't quite a burden anymore. In fact, the goal is, as Paul says there in verse 1, to restore such a one.

1 Christ Came to Make Us Something Better

John 10:10; 1 Corinthians 6:11; Ephesians 4:13–15

- He didn't come just to forgive us of our past wrongs, so that we could go and live in the way that we used to live and be the same people that we once were.
- He came to give life and life abundantly. He came to make us something better than what we once were.
- But you were washed. But you were sanctified. But you were justified in the name of the Lord Jesus Christ and in the Spirit of our God.
- If the goal of Christianity is to become more and more and more as God and Christ is, putting on those characteristics, then of course the end of that is to be where God and Christ are.

2 Why Sin and Burdens Are So Bad

Matthew 13

- Here's why sin and burdens are so bad. Because what the devil would use those sins and those burdens would be to take our mind off of Christ, to take our mind off of holiness, and to take us away.
- It'll kill growth. It'll prevent someone from becoming the person that God wants them to be.
- That's why God gave us each other as well. To aid each other in bearing those burdens so that we can, in fact, become the people that He has envisioned for us.

3 More Than Forgiving, Not a Quick Fix

1 Corinthians 13:4–7

- What we're talking about when bearing burdens and restoring such a one, we're talking about more than simply forgiving.
- Problems don't get fixed overnight. Burdens aren't lifted overnight. Temptations don't disappear overnight.
- If we're looking at someone who's been caught in a trespass, then our love is going to have to be patient with that person.

- If we have brethren who are burdened by something, then our love for them has to endure whatever it is that they're going through, too. It's not a quick fix.

4 Giving Heed to the Word of God

John 17:17; Galatians 5:18

- Sanctify them by your truth, our Lord said in John 17, your word is truth.
- While forgiveness comes by the blood of Christ, sanctification comes by the word of God.
- I need to get that person in the Word of God as much as possible. I need to be reading and studying the Bible with them.

5 Keep Their Focus on God

Romans 6:20–23; Hebrews 10:23; Romans 8:37–39

- When one is caught in a trespass, the chances are they have lost sight of the fact that God is offering them something better.
- For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.
- We need to be talking about how God is real and what God offers is better than the cheap stuff in the world.
- The best comfort, the ultimate comfort is that God and his grace are still there, and that hasn't changed.
- He's the only one that can offer true relief for the burdens that we are bearing.

6 Help Each Other Practice Holiness

Galatians 5:16–25; 2 Peter 1:10

- If we really want to help each other be restored, then we need to actually help each other practice holiness.
- It's not just someone who feels like he's patient. It's one who practices patience.
- Let them aid you in ministering to the sick. Let them aid you in ministering to the poor.
- If our focus is on doing God's things, then that may in fact lessen the desire to do what's wrong.

MY NOTES