God Provides Help Psalm 46

Greg Kline · Psalm 46:1–11

INTRODUCTION

- God is our refuge and strength. He is a very present help in trouble.
- A place of refuge is somewhere where people can go for safety, for security.
- What I'd like to examine this morning is how can I do that? And in what ways is the Lord there for me?

1 Refuge and Strength in Times of Natural Calamity

Psalm 46:1–3; Hebrews 9:27–28

- He's refuge and strength even in times of natural calamity.
- We can take precautions, we can board up our windows against hurricanes, but we cannot stop the hurricane from coming.
- And just as it is appointed for man to die once, and after that comes judgment, so Christ, having been offered once to bear the sins of many, will appear a second time.
- What happens to our life, this physical life, is not the worst loss we can suffer. The worst loss would be if we die twice.
- God will not place a buffer around us that makes all Christians have a happy life, no problems.
- We need to remember that no matter what we face, we need to rely on the Lord.

2 God Provides Help in Times of National Adversity

Psalm 46:4–9; 2 Kings 18:19–25; 2 Kings 19:14–37

- Who is in control of what happens? No matter how it seems, no matter who you feel like is winning, the Lord is.
- They did not trust in the Lord. They did not rely upon him.
- O Lord the God of Israel, enthroned above the cherubim, you are the God. You alone of all the kingdoms of the earth, you have made heaven and earth.
- Hezekiah recognized God was their only refuge, that he would be their strength, that he was there for them in their time of trouble.
- And that night the angel of the Lord went out and struck down a hundred and eighty-five thousand in the camp of the Assyrians.
- America's falling apart. The Middle East is a nightmare. But am I praying about it? Am I trusting in God as my refuge and my strength?

3 This Affects Us Personally: Be Still and Know

Psalm 46:10–11; John 14:1–3

- Be still and know that I am God. I will be exalted among the nations. I will be exalted in the earth.

- But does God really care about my personal struggle? Does God really care? Let me ask you this first. Have we ever even given him a chance?
- It's one thing to say that. It's very different to believe it.
- Let your hearts not be troubled. Believe in God. Believe also in me.
- Earth is here. God is greater. God made the earth. God can end the earth. God will end the earth.

THE CHALLENGE

But will I turn to him when I need him? And that's the question that only I can answer for myself.

MY NOTES