I Must Lead a Disciplined Life

Phil Robertson · Judges 14:1–20 · Series: **Meeting with Phil Robertson**

INTRODUCTION

- His life is unequivocally out of control. Why? Because he has no self-control. He has no discipline.
- If my life is even remotely like Samson's, it's nobody's fault but our own. Because we live in a society where self-gratification outweighs self-control.
- Self discipline is not denying our inner drives and desires, but it's simply submitting them to the will and the timing of God.

1 Seek Constant Discipline

Acts 2:42; Proverbs 1:5; Proverbs 12:1

- A disciple is actually a disciplined learner or follower of our Lord. A disciple does not set the rules. A disciple follows the rules.
- In Acts chapter 2 and in verse 42, what was one of the four constant needs of the early church? They devoted themselves earnestly to the apostles' doctrine.
- We need to be those who are constantly seeking guidance. To constantly seek to learn. And more importantly, to constantly seek to learn the Lord's will.
- As Proverbs 12 1 tells us, whoever loves discipline loves knowledge. But he who hates reproof is stupid.

2 I Need to Take Care of Myself

- I need to take care of myself physically, financially, and more importantly, spiritually.
- Daniel had a life of self-control and discipline. He lived with a life of purpose, purity, and practice in prayer.
- We've got to take care of ourselves first. Or we're going to be of no value to our children, no value to our spouses, no value to our brethren, and no value to the lost souls in our community.
- Your private time, your prayer time, your study time, your emotional needs time, your personal health time. That's where it's got to begin.

3 Start With the Simple Things

Ephesians 5:16; Joshua 11:15

- Just being on time is the beginning of self control.
- Learn to plan your day. Learn to take care of the simple tasks.
- In Ephesians 5, verse 16, here's what Paul tells all of us. Redeem the time. Why? Because the days are evil.
- If it is your number one earnest desire to go to heaven. Let's start with the simple. Don't miss an assembly of the Lord's people.
- Joshua did, and he left nothing undone of all that the Lord commanded. Why? Discipline.

4 Show Some Restraint

Galatians 5:22

- The loaf of bread or the gallon of milk is now a $42 purchase. Why? Because I have no self-control.
- Paul said he would actually buffet his body, bring it into subjection.
- One of the fruits of the Spirit in Galatians 5 22 is self-control.
- If your right hand causes you to sin, cut it off, says the Lord. For it's better for you to lose one of your members than your whole body to go to hell.

> THE CHALLENGE
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> **This morning, do you need some discipline? Is your life out of control? Well, now's the time to come back. Now is the time to seek the Lord.**

MY NOTES