Isolation verses Involvement

Jared Rosado · Proverbs 18:1

INTRODUCTION

- The one that isolates himself or separates himself from those around him rages against all sound judgment.
- Might I suggest that one of the secrets to contentment is actually making a mindful transformation and the deliberate choice to seek involvement rather than isolation.

1 Non-Negotiables: Connecting With God, His Word, Brethren

- Connecting with God, connecting with his word and connecting with my brethren. Those are very important, non-negotiables.
- Please recognize one of the persons you need to connect with the most more than anybody is your Lord and your God.
- Make time to pray. Make time to read his word and study his word.
- If members of the church are getting together somewhere, make it a priority to be there if you can be there.

2 Eliminate the Excess

- There are a lot of things that we do in life that is trivial.
- If you've been invited to a friend's birthday party on a Sunday, remember if it's during a worship service and you're a Christian, you're under obligation to partake of the Lord's Supper.
- I know a Christian, though, who hung out with the lost so much that the Christian became lost themselves.
- Make sure when you're connecting with people that you're eliminating the excess baggage if the person is gonna drag you away from the faith and find people that'll bring you to it.

3 Shape Your Thinking Spot

- Jesus often would meditate in the mountains.
- So shape your thinking spot. Find a place that you know you can connect, but then get back with everybody else and connect with everybody.
- Isolation is going to be defined as pulling away from others with the intention to purposefully disconnect and or not reconnect with others in a loner or a reclusive sort of way.
- It's different from meditation. Meditation is not isolation.

4 It Is Not Good for Man to Be Alone

Ephesians 5:25–30; 1 Corinthians 7:1–5

- Involvement is the opposite to isolation.

- We learn of the dangers of isolation very early on in the scriptures.
- Husbands love your wife, just as Christ loved the church and gave himself for her.
- When they isolate themselves, the propensity or the continuance or the beginning of the works of the flesh often commences.

5 Social Isolation Isn't Good Either

Proverbs 18:1

- Jesus just over and over and over lavishes upon us illustrations of connectivity.
- His connectivity with others wasn't based in a social tier status.
- What you read about is him mingling with all social classes, people of the low estate, the middle class, the upper class.
- He just mingled with everybody because he loved everybody.

6 Willing to Communicate: Come to Me

Matthew 11:28–30; John 14:6

- This layer four is the key to getting someone out of isolation concepts and into interpersonal communications.
- Come to me, all you who are weak and heavily burdened, and I will give you rest.
- Take my yoke upon you and learn of me. For my yoke is easy and my burden is light.
- You need Jesus. You need him with you. You need him to be your yoke fellow.

> THE CHALLENGE
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> **Connect with Jesus first and recognize, connect with your brethren, connect with those who love you, and do what you can to work along with one another.**

MY NOTES