Psalm 40

Joshua Creel · Psalm 40 · Series: **Psalms**

INTRODUCTION

- Psalm 40 will be our text at the 9 o'clock lesson this morning.
- Our brother Guy Richards read for us this morning Hebrews 10 and verses 1 through 10. And you'll have noted that passage of Psalm 40 was quoted by the Hebrew writer and attributed to the work of Jesus.

1 A Psalm of Two Periods of Distress

Psalm 40:1–3; Psalm 40:11–17

- Psalm 40 is actually a psalm of two periods of distress.
- The Psalm begins with this assurance that my God has delivered me once before. But then the Psalm ends in verses 11 through 17 with a cry for deliverance.
- As he says in verse 12, evils beyond number have surrounded me, so that would seem to be external circumstances. But also in verse 12, my iniquities have overtaken me.
- Constant assurance within this that God will ultimately help David, that God will ultimately save David from those evils that are surrounding him.

2 My God Has Already Delivered Me Before

Psalm 40:2–3; Exodus 15

- David can have such assurance because he knows God has helped me before.
- Figuratively, David sees himself as in a pit, waiting for his own destruction. And yet God raised him up.
- And David is saying that your deliverance of me has done the same thing. Not simply to make people afraid of you, O Lord, but to ultimately so that they can trust you.

3 I Trust in You, Not False Things

Psalm 40:4–5

- How blessed is the man who has made the Lord his trust and has not turned to the proud, nor to those who lapse in falsehood.
- Because of what you have done for me in the past, due to the fact of you having saved me. I trust in you. I have not turned away to false things.
- And because of that trust in the Lord, there's assurance that yes, God will and God can deliver.

4 I Delight to Do Your Will

Psalm 40:6–8; Deuteronomy 17:14–20; 1 Samuel 15:22

- Sacrifice and meal offering you have not desired, but my ears you have opened.
- Well, how did the law get within his heart? Because my ears were opened. I have listened to your will, O God.

- This is David's trust being shown in his actions. Not just by going and making sacrifices, but by doing the very will of God.
- The king was to exemplify to all Israel one who knew the law because he himself had written the scroll of the law, and one who followed the law.
- Has the Lord as much delight in burnt offerings and sacrifices as in obeying the voice of the Lord.

5 Proclaiming the Ways of the Lord

Psalm 40:9–10

- I have proclaimed glad tidings of righteousness in the great congregation.
- Here are the reasons why David can be assured that God is hearing him and that God will deliver him.
- Not just to make sacrifices and burnt offerings, but to give himself wholly to doing the will of God. And then by proclaiming the praises of God.

6 Fulfilled in Jesus: I Have Come to Do Your Will

Hebrews 10:4–10

- The first application is of David. David can say these things because of who he is. But the ultimate fulfillment of this is, of course, in Jesus.
- It is impossible for the blood of bulls and goats to take away sin.
- Sacrifice and offering you have not desired, but a body you have prepared for me.
- He came to do the will of the Father. He came to do the will of God.
- By this will we have been sanctified through the offering of the body of Jesus Christ once for all.
- Psalm 40, verses 6 through 8 have their ultimate fulfillment in Jesus because he and he alone did the Father's will and did it perfectly.

> THE CHALLENGE
>
> **Can we aid you in some way? Won't you come as we stand and sing?**

MY NOTES