When You're Weary

Greg Kline · 1 Kings 19:1–18

INTRODUCTION

- Weariness comes from repeating and going on and on with no resolution or rest.
- Elijah is perhaps one of the strongest men of faith in the Old Testament, and it is him in verse 4 saying, God, it's time for me just to go.
- How do you pick up and go on when you feel like there's no good to be done?

1 Get Up and Look

1 Kings 19:11–12; 1 Kings 19:5–7

- Go out and stand on the mount before the Lord.
- Remember that you can and must first get up.
- Not only should we look out, we need to look back.
- God didn't take care of his wants or his greeds. He took care of his needs.

2 Get Up and Go Do What God Appointed

1 Kings 19:15–16; 1 Kings 19:18

- Go and do what I have appointed you to do. I have a mission for you.
- Sometimes the devil's most powerful instrument is discouragement.
- God says, You are not alone. I am with you. You are not to be brokenhearted. I have a goal and a plan for you.
- Just because we're brokenhearted and weary doesn't mean we can't serve God.
- The easiest thing for the devil to do to keep God's kingdom from progressing is to get us on the sidelines.

3 Take the Help God Offers

Galatians 6:1–3; Acts 20:35

- Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness.
- Bear one another's burdens and so fulfill the law of Christ.
- Bearing one another's burdens not only takes someone willing to bear burdens, it takes someone willing to share burdens.
- I'm depriving my brothers and sisters of their responsibility before God if I try to stubbornly do it myself.
- You can be a strong individual of faith and have moments, days, months of weakness.

4 Do Not Be Anxious; Seek First the Kingdom

Matthew 6:25–27; Matthew 6:33; 1 Peter 5

- Do not be anxious about your life.
- Seek first the kingdom of God and his righteousness. All these things will be added to you.
- Worrying doesn't do a single bit of good.
- He doesn't just want me to be his child. He is willing to take my problems.

5 Cast Your Burdens on the Lord

Matthew 11:25–30; Luke 14

- Make sure that I actually do cast my burdens on the Lord.
- Come to me, all who labor and are heavy laden, and I will give you rest.
- Take my yoke upon you and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.
- This world is full of that which will make us weary.

> THE CHALLENGE
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> **Take God's help. He's given you brothers and sisters, and they're sitting all around you this morning.**

MY NOTES