# Why Sunday?

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## INTRODUCTION

- Sometimes it's good to ask why. Even over simple things and routine things.
- With our Christianity. Do we just do things because that's the way we do things?
- Most often given reply would be, well, it's Sunday. And that brings us to our topic this morning. Why Sunday?

## 1 What Day Is This?

**Leviticus 23:3; Leviticus 23:15; Exodus 31:15–16**

- The seventh day, the Sabbath day, wasn't necessarily a day of assembling together to worship. It was a day of rest.
- Six days shall work be done, but the seventh day is a Sabbath of solemn rest, a holy convocation.
- This day of rest, this Sabbath day was a day that God said was for the children of Israel.
- Sunday is not the Christian Sabbath at all. The Sabbath has always been the seventh day.
- The Christian's day is the first day of the week. And it's a day of assembly and a day of worship, not a day of rest.
- They used the Greek word Kuriake, which is Greek for the Lord's day.

## 2 Why This Day?

**Luke 23:55–56; Acts 13:16–30**

- In the old covenant, God was worshipped as the creator.
- But God is primarily and specially worshipped in the new covenant as our Savior and as our redeemer.
- Saturday, Sabbath day was the day that honored creation, but Sunday, the first day of the week, becomes the day that honors our God as Savior.
- Now on the first day of the week, very early in the morning, they and certain other women with them came to the tomb, but they found the stone rolled away from the tomb.
- We worship today God our Savior on this day. A day of life, a day of resurrection.
- A recurring prominent theme of first century preaching was the resurrection.

## 3 What Does It Mean to Us?

**Acts 20:7**

- Today, God has set aside a day for us, a day of remembering to celebrate the redemptive works of our God.
- Present your body as a living sacrifice, holy, acceptable to God, which is your reasonable service.
- God, who is the object of our worship, has set aside a day, this day, in which we are to worship Him in this specific way.

- He's called His worshipers to assemble on the first day of the week to worship Him in a specific way.
- On the first day of the week, the disciples assembled together to worship God and to partake of the Lord's Supper.
- We are assembled together to blend our voices in song, our hearts in prayer and remembrance, to worship God.

THE CHALLENGE

**And every Lord's day, as I ready myself to assemble with the saints, or even as I drive to assemble with the saints, I want to ask myself, why Sunday? And to worship Him in spirit and in truth.**

MY NOTES