Worry Not

Greg Kline · Matthew 6:25–34

INTRODUCTION

- Jesus clearly and unequivocally gives a command that in my own experience, and perhaps those of you here this morning find very difficult to follow as simply as Jesus states it.
- The truth is, life is like the body. Life is also good and normal until it's not.
- We cannot be caught up in the cares and concerns of this life. We are not living for the here and now.

1 Life Is More Than Food and Clothing

Matthew 6:25; Ephesians 5

- Don't worry about what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food?
- The principle goes much further than verse 25 even indicates. Life is more than the here and now.
- Not only not to be anxious about a life, not to worry, but to focus on that which truly matters, having an eternal lens.
- Life is more than this world. And we know that. Rhetorically, we can say that with certainty. But here's the question. Do we actually live like that?

2 We Have a God Who Will Provide

Matthew 6:26–30

- Look at the birds of the air. They neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?
- We do not need to worry. We should not worry because we have a God who will provide for us.
- Our God knows my name. He knows who you are. He knows your struggles. God will take care of you.
- God has already shown the ultimate love for each and every one of us. He sent Jesus to die on the cross for our sins.
- Jesus died on the cross for our sins and he was raised from the dead, giving us an eternal hope of being with him forever.

3 Being Anxious Does No Good

Matthew 6:27; Matthew 6:30

- And which of you, by being anxious, can add a single hour to his own life.
- Proper planning is knowing what you're going to face and being ready. Worry is different. Worry is not getting ready.
- We cannot add even a single hour to our life by worry. It does no good because the one who can do good is the God who will provide for us.
- When we worry, when we don't trust God's plan truly, we're showing a lack of trust in God.

4 Set Your Minds on Things Above

1 John 2:15–17; Colossians 3:1–4

- Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him.
- And the world is passing away along with its desires. But whoever does the will of God abides forever.
- Set your minds on things that are above, not on things that are on the earth.

5 Seek First the Kingdom and Trust in God

Matthew 6:31–34; Proverbs 3:5–6

- But seek first the kingdom of God and his righteousness, and all these things shall be added to you.
- Only through trusting in God entirely, completely, will we have the peace that God does want for us.
- Trust in the Lord with all your heart. Do not lean on your own understanding.
- In all your ways, acknowledge him, and he will make straight your paths.

6 Forgive Your Brother From Your Heart

Matthew 18:21–35; Matthew 6:14–15

- So also my heavenly Father will do to every one of you if you do not forgive your brother from your heart.
- The heart is where worry comes from, the heart is where submission to God comes from, and they are competing goals.
- If I want God to forgive me, I have to forgive others.

> THE CHALLENGE
>
> **Do you trust in God today?**

MY NOTES